

September 30, 2018 Over 50 Fair Class Schedule

	Eisenhower	Heckscher	Belmont	Mattituck	Hargrave	Banfi
10:30-11:15	Let's Put Your Worries on "ICE"	(intentionally empty)	Understanding Estate/Medicaid Planning*	How to get 'FREE' Merit Based College \$	Astrology and the Zodiac	(intentionally empty)
11:30-12:15	Retirement Income Workshop	Back Pain and Sciatica	Understanding Estate/Medicaid Planning*	Reconnecting/ Revitalizing Relationships	Aging in Place on L.I. - Panel Discussion	Laurie Russo from ABC TV's Funderdome
12:30-1:15	Dating After 50: Being the Best You Can Be	Reinvention at 50+	Your Path to Financial Freedom	How to Manage Your Money without a Honey	Customize Your Medicines	JayCee Driesen - Int'l Powerhouse Vocalist
1:30 - 2:15	Reiki: Just What Your Doctor Ordered	Social Security Planning for Women	How to Look and Feel Young	Vanquishing Stress: Tools to Enhance	Retirement Incomes & Outcomes	Domenick Abbate from CBS TV's Survivor
2:30 - 3:15	Retirement on Your Terms: Straight Talk	EFT for Reduction of Stress & Anxiety	Shutterfly	Issues & Trends in Finance and Investments	Saving the Lives of Your Pets	Dance Performance
3:30 - 4:15	Surgical Options/ Healthier Life	(intentionally empty)	Yoga: The Gift That Keeps on Giving	Self Defense	(intentionally empty)	Jokesercise Comedy Show

***Note that the first class in Belmont runs 10:30 - 12:15.**

Some class titles have been abbreviated above due to space constraints.

The Pindar Room is our Snack Lounge, a place to have something to eat or recharge. Purchase a snack or lunch from one of our vendors and enjoy it here. Tables and chairs are available for your use.